

PALCO GOLD ENERGY GÁS

SÁBADO | 16 Novembro

11:20 11:35	LES MILLS SPRINT	Aula Gratuita
11:40 11:55	LES MILLS SPRINT	Aula Gratuita
12:15 12:30	RPM	Aula Gratuita
12:35 12:50	RPM	Aula Gratuita
12:55 13:10	RPM	Aula Gratuita
14:15 14:30	LES MILLS SPRINT	Aula Gratuita
14:35 14:50	LES MILLS SPRINT	Aula Gratuita
17:45 18:00	RPM	Aula Gratuita
18:05 18:20	RPM	Aula Gratuita
18:25 18:40	RPM	Aula Gratuita

PALCO GOLD ENERGY GÁS

DOMINGO | 17 Novembro

10:15 10:30	RPM	Aula Gratuita
10:35 10:50	RPM	Aula Gratuita
16:30 16:45	LES MILLS SPRINT	Aula Gratuita
16:50 17:05	LES MILLS SPRINT	Aula Gratuita
17:10 17:25	LES MILLS SPRINT	Aula Gratuita

PALCO GOLD ENERGY ENERGIA

SÁBADO | 16 Novembro

10:15 10:30	BODYCOMBAT	Aula Gratuita
10:35 10:50	BODYCOMBAT	Aula Gratuita
10:55 11:10	LES MILLS BARRE	Aula Gratuita
11:15 11:30	LES MILLS BARRE	Aula Gratuita
11:40 11:55	POWERJUMP	Aula Gratuita
13:30 13:45	LES MILLS GRIT	Aula Gratuita
13:50 14:05	LES MILLS GRIT	Aula Gratuita
15:15 15:30	SH'BAM	Aula Gratuita
15:35 15:50	SH'BAM	Aula Gratuita
16:00 16:15	POWERJUMP	Aula Gratuita
16:20 16:35	POWERJUMP	Aula Gratuita
16:45 16:55	POWERJUMP	Aula Gratuita
17:00 17:15	BODYCOMBAT	Aula Gratuita
17:20 17:35	BODYCOMBAT	Aula Gratuita
17:40 17:55	BODYCOMBAT	Aula Gratuita
18:00 18:15	SH'BAM	Aula Gratuita
18:20 18:35	SH'BAM	Aula Gratuita
18:40 18:55	SH'BAM	Aula Gratuita

PALCO GOLD ENERGY ENERGIA

DOMINGO | 17 Novembro

10:15 10:30	LES MILLS BARRE	Aula Gratuita
10:35 10:50	LES MILLS BARRE	Aula Gratuita
15:15 15:30	BODYJAM	Aula Gratuita
15:35 15:50	BODYJAM	Aula Gratuita
16:00 16:15	BODYJAM	Aula Gratuita
16:30 16:45	LES MILLS GRIT	Aula Gratuita
16:50 17:05	LES MILLS GRIT	Aula Gratuita
17:10 17:25	LES MILLS GRIT	Aula Gratuita
17:30 17:45	LES MILLS GRIT	Aula Gratuita
17:50 18:05	BODYATTACK	Aula Gratuita
18:10 18:25	BODYATTACK	Aula Gratuita